

Nutrition Education

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|-----|--|---|-----------------|---|
| NE1 | *Goals for nutrition education that are designed to promote student wellness. | 2 | Health teachers | Uncertain if 8th grade currently has this included in their curriculum. |
| NE2 | Nutrition education teaches skills that are behavior focused, interactive, and/or participatory. | 2 | Health teachers | |
| NE3 | All elementary school students receive sequential and comprehensive nutrition education. | 2 | Administration | |
| NE4 | All middle school students receive sequential and comprehensive nutrition education. | 1 | Administration | |
| NE5 | All high school students receive sequential and comprehensive nutrition education. | 2 | Administration | |
| NE6 | Nutrition education is integrated into other subjects beyond health education | 0 | Administration | |
| NE7 | Links nutrition education with the school food environment. | 0 | Health teachers | |
| NE8 | *Farm to School Nutrition education addresses agriculture and the food system. | 1 | Administration | |

School Meals

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|------|--|---|------------------------|---|
| SM1 | *Assures compliance with USDA nutrition standards for reimbursable school meals. | 2 | CNP Director/Head Cook | Currently operating at the minimum required time. |
| SM2 | Addresses access to the USDA School Breakfast Program. | 2 | CNP Director/Head Cook | |
| SM3 | *District takes steps to protect the privacy of students who qualify for free or reduced priced meals. | 2 | Administration | |
| SM4 | Addresses how to handle feeding children with unpaid meal balances without stigmatizing them. | 2 | Administration | |
| SM5 | Specifies how families are provided information about determining eligibility for free/reduced priced meals. | 2 | Administration | |
| SM6 | Specifies strategies to increase participation in school meal programs. | 1 | CNP Director/Head Cook | |
| SM7 | Addresses the amount of "seat time" students have to eat school meals. | 2 | Administration | |
| SM8 | *Free drinking water is available during meals. | 2 | CNP Director/Head Cook | |
| SM9 | *Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards. | 1 | Administration | |
| SM10 | *Farm to School - Addresses purchasing local foods for the school meals program. | 2 | CNP Director/Head Cook | |

Nutrition Standards

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| NS1 | *Compliance with USDA nutrition standards for all food and beverages sold to students during the school day. | 2 | CNP Director/Head Cook |
| NS2 | USDA Smart Snack standards are easily accessed in the policy. | 2 | CNP Director/Head Cook |
| NS3 | *Regulates food and beverages sold in a la carte. | 2 | CNP Director/Head Cook |
| NS6 | *Addresses fundraising with food to be consumed during the school day. | 2 | CNP Director/Head Cook |
| NS7 | Exemptions for infrequent school-sponsored fundraisers with food to be consumed during the school day. | 1 | CNP Director/Head Cook |
| NS8 | Addresses foods and beverages containing caffeine at the high school level. | 0 | Administration in policy |
| NS9 | *Regulates food and beverages served at class parties and other school celebrations in elementary schools. | 1 | Administration in policy |
| NS10 | Addresses nutrition standards for all foods and beverages served to students before or after the school day. | 0 | Administration in policy |
| NS11 | Addresses nutrition standards for all foods and beverages sold to students before or after the school day. | 2 | Administration in policy |
| NS12 | Addresses food not being used as a reward. | 2 | Administration in policy |
| NS13 | Addresses availability of free drinking water throughout the school day. | 2 | Administration in policy |

Physical Education

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| PEPA1 | There is a written physical education curriculum for grades K-12. | 2 | Health teachers |
| PEPA2 | The written physical education curriculum for each grade is aligned with national and/or state physical education standards. | 2 | Health teachers |
| PEPA3 | Physical education promotes a physically active lifestyle. | 2 | PE teachers |
| PEPA4 | Addresses time per week of physical education instruction for all elementary school students. | 2 | Administration |
| PEPA5 | Addresses time per week of physical education instruction for all middle school students. | 2 | Administration |
| PEPA6 | Addresses time per week of physical education instruction for all high school students. | 2 | Administration |
| PEPA7 | Addresses qualifications for physical education teachers for grades K-12. | 2 | Administration |
| PEPA8 | Addresses providing physical education training for physical education teachers. | 2 | Administration |
| PEPA9 | Addresses physical education exemption requirements for all students. | 2 | Administration |
| PEPA10 | Addresses physical education substitution for all students. | 1 | Administration |
| PEPA11 | Addresses family and community engagement in physical activity opportunities at all schools. | 2 | Administration |
| PEPA12 | Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities. | 2 | Administration |
| PEPA13 | Addresses recess for all elementary school students. | 2 | Administration |
| PEPA14 | Addresses physical activity breaks during school. | 2 | Administration |
| PEPA15 | Joint or shared-use agreements for physical activity participation at all schools. | 2 | Administration |
| PEPA16 | District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance. | 2 | Administration |

Wellness Promotion & Marketing

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| WPM1 | Encourages staff to model healthy eating and physical activity behaviors. | 2 | DC Fit |
| WPM2 | Addresses strategies to support employee wellness. | 2 | DC Fit |
| WPM3 | Addresses using physical activity as a reward. | 2 | Administration in policy |
| WPM4 | Addresses physical activity not being used as a punishment. | 2 | Administration in policy |
| WPM5 | Addresses physical activity not being withheld as a punishment. | 2 | Administration in policy |
| WPM6 | Specifies marketing to promote healthy food and beverage choices. | 2 | Administration in policy |
| WPM7 | *Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards. | 2 | Administration in policy |

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| WPM8 | Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment). | 1 | Administration in policy |
| WPM9 | Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials). | 2 | Administration in policy |
| WPM10 | Specifically addresses marketing where food is purchased. | 1 | Administration in policy |
| WPM11 | Specifically addresses marketing in school publications and media savers, school-sponsored Internet sites. | 2 | Administration in policy |
| WPM12 | Specifically addresses marketing through fundraisers and corporate-incentive programs or consume products and corporate incentive programs. | 1 | Administration in policy |

Implementation, Eval & Comm.

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| IEC1 | Addresses the establishment of an ongoing district wellness committee. | 2 | Administration |
| IEC2 | *Addresses how all relevant stakeholders will participate in the development, implementation, and periodic review and update of the policy. | 2 | Administration in policy |
| IEC3 | *Identifies the officials responsible for the implementation and compliance of the local wellness policy. | 2 | Administration in policy |
| IEC4 | *Addresses making the wellness policy available to the public. | 2 | Administration in policy |
| IEC5 | *Addresses the assessment of district implementation of the local wellness policy at least once every three years. | 1 | Administration |
| IEC6 | *Triennial assessment results will be made available to the public and will include | 2 | Administration |
| IEC7 | *Addresses a plan for updating policy based on results of the triennial assessment. | 1 | Administration |
| IEC8 | Addresses the establishment of an ongoing school building level wellness committee. | 2 | Administration in policy |

* Denotes a federal standard